

# 40 DAYS

## PRAYER & FASTING GOING STRONGER IN PRAYER

 ENGLISH VERSION



**40** **DAYS**  
**PRAYER & FASTING**  
**GOING STRONGER IN PRAYER**

For  
Kids  
Only



# DEAR KIDS,

After we learned about Daniel Fasting and prayer at the beginning of this year, now we are going to do 40-days of prayer and fasting along with our parents and our friends around the world.

Why does it have to be 40 days ??? It's a very loooooong time right?... but, do you remember how Jesus also fasted for 40 days in the wilderness? If even our God did it, let us also learn to do it according to our abilities and age.

## **What will happen if we fast?**

- We will be closer to God because we will spend more of our time to pray and to read the Word of God.
- We will learn to do what we can do according to the Word of God.
- We will see how God answers our prayers and gives us new things that we may have never known before.

## **How?**

- For 40 days, you can skip one meal each day, for example, you skip breakfast, then you can have lunch and dinner, or you skip dinner, but you can eat your breakfast and lunch.
- Read the scripture readings and devotions in this book every day, and if you do not understand, ask your parents so that you can really understand it.
- Take time to pray according to the prayer that is written, then add your prayer list to it.
- After these 40 days are finished, write the testimony of what you experienced during this fasting and prayer, then hand it over to your Kids teacher.

Make this 40 days journey as a new habit to become closer to God and see how God will amazingly use us!

**Together Stronger,  
IFGF KIDS**

# DAY 1

## WHY DO WE PRAY?

*If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. (II Chronicles 7:14)*

Is there anyone here who doesn't like to pray? Sometimes prayer sounds so boring, doesn't it? But do you know that prayer is very important in our life? Prayer is a way for us to talk with our God.

You understand the use of a cell phone, right? Yes, in addition to playing games and other things, the most important function of cell phone is to make communication easier. With cell phones, we can call our parents, our friends, even our brothers who may live very far away from us.

I have a brother who lives in Japan. A long time ago, when technology was not as good as now, it was very difficult to be able to speak with him, and sometimes I really missed him. But now with new modern technology communication tools, I could talk with him every day.

Just like that, prayer is a tool for us to be able to communicate with God. When we pray, we can tell God all the things we have in our heart, and God can also tell us all that's in His heart. Through prayer we can show our love to God, and God can answer our prayers.

So let us learn to pray every day, not just when we need something, but make prayer as a habit to be closer to God.

### **Today's prayer:**

Dear God, Thank you that You have provided a way for me to talk with You. Help me God so that I have the desire to pray every day and become closer to you. In Jesus' name I pray, Amen.

# DAY 2

## WHAT IS PRAYER?

*'Call to me and I will answer you and tell you great and unsearchable things you do not know.'*  
(Jeremiah 33:3)

Many say that Christian people MUST pray. But real prayer is not an obligation, but it is a NEEDS.

Imagine if you could not eat for days, or you were not allowed to talk with your parents, your brothers and sisters, or your friends, or you could not breathe. What would happen? Yes, you would suffer; you would be in pain, you may even die. We NEED to breathe, we NEED to eat, and we also NEED to talk with people we love.

Just like that, we also NEED to pray. Prayer is a tool for us to communicate with God. We need prayers so that we can speak with our Father. When we think that prayer is an obligation, then we do not like to pray. But, when we know that through prayer we can talk about all things with the Father, and then we would like to pray.

Let's make prayer as something we need to do in our life, because without prayer, our lives will greatly suffer.

### **Today's prayer:**

Dear God, starting from today, I want to learn to make prayer as my need and not as my duty. I realize that I need to pray, because when I pray, your power will flow in me. Help me to always speak to you through prayer. In Jesus' name I pray, Amen.

# DAY 3

## TO WHOM DO WE PRAY?

*But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. (Matthew 6:6)*

When we pray, it may seem strange because we can't see the person we are talking to. We also may not be able to hear his voice as we hear the voice of our parents or our friends who are talking to us. So, to who do we actually pray and how do we know whether there is really someone listening to our prayers?

Today I want to tell you all, we pray to the God who created us. We may not be able to see him with our physical eyes, or hear him with our physical ears. But God is real and he listens to every prayer.

Like the air that we can't see or touch, but we know is real, God is too. He is real and His Word says that He is alive, and will answer all our prayers. What we need is to only believe. Don't ever feel hesitant to pray. You are not talking to yourself; you are talking to the living God, which we also call our Father and our Friend. He knows us better than anyone else and he also loves us. Again, what we need is to only believe!

### **Today's Prayer:**

Dear God, teach me to be able to have the faith to believe in you, even though I may not be able to see or hear you directly. Let me have the confidence that you heard and answered all my prayers. In Jesus' name I pray, Amen.

# DAY 4

## LORD, PLEASE TEACH US HOW TO PRAY

*"One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples." (Luke 11:1)*

I once asked some people, whether it was hard to pray. There were various answers. Some said it was difficult, some said it was easy. But the Bible says that prayer is very simple. Because we pray to the Lord who knows us, then we do not need to be too complicated in our words. He understands clearly what we are saying to him.

If you talk to your parents, you don't really need to think too much what you would say, do you? You would speak freely because you know your parents would understand what you mean.

Just like that, when you pray, say the words that you can understand and that truly come from your heart. No need to choose words that are good, because God is looking at our hearts when we pray, more than our words.

Remember that even with very simple words, it is still a prayer before God and God will surely listen and answer even very simple prayers we pray.

### **Today's Prayer:**

Our Father in Heaven, teach me how to pray. Help me so that I can tell you everything from my heart. Let me be free to pray with you and believe that you will answer all my prayers. In Jesus' name I pray, Amen.

# DAY 5

## THE LORD'S PRAYER

*"This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. (Matthew 6:9-13)*

If we still feel its difficult to pray, Jesus has taught us a prayer that is very simple but powerful, the Lord's Prayer.

The Lord's Prayer teaches us: to give thanks, to ask God for forgiveness and forgive others who did something bad to us, to surrender everything to His will, to ask Him for things we need, and beg God to always leads us in every way.

When you are confused about what to pray, say a simple prayer such as the Lord's Prayer with all your heart, and believe that God will answer your prayer.

Be blessed on your prayers!

### **Today's Prayer:**

Our Father in heaven, thank you for all the blessings and your goodness in our lives. We give all our life into your hands and we believe that you will meet all our needs. Father please forgive us if we do the things you do not like, and teaches us to forgive those who do wrong to us. Lead us always, in the name of Jesus we pray, Amen.



# DAY 6

## BUILDING A LIFE OF PRAYER

*In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. (Psalms 5:3)*

Prayer does not mean that we always have to talk to God. There are times when we also need to calm our minds, stop talking, and let God speak to us.

God speaks in many ways, but the easiest way we know is through the Word of God. So when we pray, we should make sure we also have time to read the Word of God. We don't need to read too long, we can read one verse for example and think about it until we understand its meaning. If we do not understand, we can ask our parents or our IFGF Kids teachers.

That's what we call building a life of prayer. Where prayer becomes a fun thing between God and us. Not only a one way talk, but a two-way conversation, in which God can speak to us through His Word.

By praying and reading the Word of God regularly, our life will become much more beautiful, because we know what God wants us to do and we can also see that the protection of God is always in our lives.

### **Today's Prayer:**

Dear God, speak to us when we pray. Talk through Your Word and make us understand your heart. Teach us to do your will, and let us be able to build our life of prayer every day. In Jesus' name we pray, Amen.

# DAY 7

## PRAY WITH CONFIDENCE

*This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. (1 John 5:14)*

If we ask for something that we need from our mom and dad, for example for school or for new shoes or new clothes, etc., our parents will definitely give it to us, because they understand our needs.

Our God is just like that. He even understands our needs more than our parents. He certainly will give us all the things we need when we ask Him through prayer. One thing He asks is that we pray with confidence in Him.

If we pray but we do not believe in Him, then how can we receive the answers to our prayers? So we must pray with confidence and believe that He is God and is good and will provide answers to any of our prayers.

### **Today's prayer:**

Our Good Father, help us to be able to trust you and to have confidence for any answers that you give us. Right now I need a (specify your needs) and I believe that you will give it to me. Thank you Lord Jesus. In Jesus' name we pray, Amen.

# DAY 8

## FREEDOM TO PRAY

*Devote yourselves to prayer, being watchful and thankful. (Colossians 4:2)*

We must give thanks to the Lord because until today we still can pray freely wherever we are. In some areas of the world, many children like you, can't pray freely. They have to pray in secret because if they get caught praying, they will experience a lot of bad things.

But too bad, in the middle of freedom like this, we are still lazy to pray. We prefer to play games when we are told to pray. Because we are too sleepy, we go straight to bed without praying. We have a lot of excuses so we don't pray.

Prayer is the source of our strength, so let's learn to use our freedom well. Pray diligently, even pray for our friends who do not have freedom like us.

Learn from Daniel who remained diligent to pray even though he was threatened to be put into the lion's den. It was proven when Daniel continued to pray, God protected him from the starving lions. Daniel could even become a witness who pleased God.

### **Today's Prayer:**

Lord, thank you for the freedom that we have to pray. Help us to be able to use our freedom as well as possible, and help us to be able to pray diligently. We also pray for our friends who may not have as much freedom to pray like us. Protect them and show your power in their lives. In Jesus' name we pray, Amen.

# DAY 9

## OBSTACLE IN PRAYING

*The end of all things is near. Therefore be alert and of sober mind so that you may pray. (1 Peter 4:7)*

The devil is not happy when we pray to God. He will do a lot of things so that we don't pray. The devil will make us feel lazy, bored, tired, sleepy, cranky, and so forth so that we do not want to pray.

Those are the obstacles that we need to face when we pray. We have to train ourselves by continuing to pray to be able to overcome the obstacles that come.

For example, if you want to become a great athlete in the sport of Futsal, you certainly will continue to play futsal so that you get used to it and you become even more powerful. There are times when you feel lazy or tired to practice, but because you want to be a reliable athlete, you will fight laziness, and go practice.

Prayer is like that too. When the obstacles come up that make us not want to pray, we have to fight and come back to prayer. That's the only way to overcome the obstacles that come. And keep doing what God wants us to do to be a winner. Keep praying!

### **Today's Prayer:**

Dear Good Father, when obstacles come and it makes me not want to pray, help me to be able to fight and teach me to persevere in prayer. Make me a winner that pleases you. Thank you Lord Jesus. In Jesus' name we pray, Amen

# DAY 10

## PRAYER THAT HAS NOT BEEN ANSWERED YET

*My God, I cry out by day, but you do not answer, by night, but I find no rest. (Mazmur 22:2)*

There are times in our prayer life where God does not seem to answer. This becomes our excuse sometimes for not wanting to pray anymore. We use the excuse that God does not hear and does not answer our prayers. Is it true that God does not answer our prayers?

What do you think, if you ask your parents for a car right now, but you are still too little to own a car. Would your parents give it to you? Ofcourse not. Your parents would give it to you when you're ready. When you have reached the required age limit, when you can drive, and when you have a valid driver's license.

God too. He always hears our prayers and will definitely answer them just in time. God understands our lives far beyond ourselves. He knows the best time for us, and He will give an answer to our prayers in the very best time.

When God has not answered our prayers, keep praying and remember God's promises that are in the Bible. By hanging on to his promise, we can have hope and patience to wait for the answers of our prayers. God, FOR SURE, will answer our prayers. Just believe.

### **Today's Prayer:**

God I'm grateful for your promises and your faithfulness in my life. Thank you that you always hear and answer my prayer. Give me patience to wait for the answer. Help me to remember your promises all the time. Thank you, God. In Jesus name. Amen.

# DAY 11

## HOLY SPIRIT

*And I will ask the Father, and he will give you another advocate to help you and be with you forever— (John 14:16)*

Do you have a best friend? I have some best friends too. There is one of my very special best friends named the Holy Spirit. The Holy Spirit is God, He is the God who is always with us, supports us, reminds us, and helps us in every way. The Holy Spirit never leaves us alone, and He is the one who enables us to do many things God wants us to do.

The Holy Spirit wants to be your best friend. He longs to live in your heart and to be your helper. The Holy Spirit will help you when you cannot pray. He will help you speak to the Father.

With the Holy Spirit, you will have a very pleasant life. You will have a person who is not going to leave you and He will always be there for you.

Say this prayer below with confidence and invite the Holy Spirit to come into your heart.

**Today's Prayer:**

Holy Spirit, I invite you to come into my heart. Be a friend to me and do not ever leave me. I need You all the time. Thank you God, in the name of Jesus, Amen.

# DAY 12

## PRAY IN THE TRIBULATION

*The Lord is close to the brokenhearted and saves those who are crushed in spirit. (Psalms 34:18)*

Sadness is a common thing in our lives. We don't always have exciting and fun times. There are times when we also have to cry and to grieve. For example when we are sick, or when there are family members who have died, or when our parents are having problems.

When we are in trouble, God actually, really wants to be close to us. He wants to cheer us up, to comfort us, and to strengthen us. He can do that when we come to Him in prayer.

When you feel sad and you want to cry, go to God and cry to Him. God will comfort you and give you a new joy. Do not feel alone when things are not going so well, because God will never leave you alone. Through any difficult thing, God will show His love and kindness to you.

### **Today's Prayer:**

Dear God, remind me to always come to you when bad things happen in my life. You are the good Father and you never leave. Help me to always be close to you and keep my hope only in you. In Jesus' name, Amen.

# DAY 13

## PRAY IN VICTORY

*Shouts of joy and victory resound in the tents of the righteous: "The Lord's right hand has done mighty things! (Psalms 118:15)*

On the other hand, our lives are also filled with fun things, like when we win something, when we receive a gift, or when we feel other encouraging experiences.

Those things will make us happy and full of smiles. In these kinds of times we also need to remember to thank God because he is the one who gives all the fun things for us.

We shouldn't let the joyfull times make us forget the Lord. We should instead be getting closer to him and remembering that God is the one that enables us to get all the victory.

If we remember God when we are sad, then we will also remember Him when we are happy.

### **Today's Prayer:**

Lord, thank you very much for all the victories and the good things that you give in my life. Remind me to always give thanks to you and realize I will not be able to get it all without you. In Jesus' name we pray, Amen.

t



# DAY 14

## PRAY FOR PERSONAL NEEDS

*Lord, hear my voice. Let your ears be attentive to my cry for mercy. (Psalms 130:2)*

Every man has different needs, but all of us definitely want our needs to be met. You must have one or even many needs. Maybe some of you need school supplies, maybe you need to be healthy, others maybe need new shoes, or money to buy many things, etc.

God wants to meet all our needs, and He is able to give all to us. Our job is just to pray. Ask Him earnestly, and believe that He will answer our prayers.

There are no too-small prayers for God. He will answer every earnest prayer, so we should not be afraid to come to the Lord and tell Him all of our needs. He will immediately answer us.

### **Today's Prayer:**

Dear Good Father, today I handed over my personal needs into your hands. I believe you will provide my needs according to your time. Thank you for your provision. I love you, Lord. In Jesus' name, Amen.

# DAY 15

## PRAYING AT THE CROSS ROADS

*Show me your ways, Lord, teach me your paths. (Psalms 25:4)*

There are times in our lives where we are at a crossroads. For example when we want to get into junior high school and we are confused about which school to choose. Or when we are faced with a choice to do something and we are confused about which one to do.

When we are in a situation like that, we should remember God and ask Him. Even King David, who was a remarkable king, often experienced a variety of confusion in his life and he asked the Lord to show him His way.

Learn from David to always ask for guidance from God, because the thing that comes from the Lord is always the best thing. When we do not know what to do, we shouldn't hesitate to come to Him, and He will show us the way out.

### **Today's Prayer:**

Father, when I am at a crossroads and do not know what I should do, please help me to always remember to ask you for guidance. Give me the way out that I need and let me praise Your name. Thank you God, in the name of Jesus, Amen.

# DAY 16

## THE PURPOSE OF PRAYING AND FASTING

*So we fasted and petitioned our God about this, and he answered our prayer. (Ezra 8:23)*

Why do we need to pray and fast? Many people think that fasting is an obligation, while actually fasting is another way to be closer to God.

When we fast, we are trying to control ourselves from worldly things, such as the feeling of hungry, and use our time to pray. When we fast, it does not mean that we isolate ourselves and do nothing, instead we keep doing the things we need to do like school, studying, etc., but we use more of our time to pray.

By fasting we humble ourselves before God so that we can understand His will better. By fasting, we show that we need God in our lives and we let Him lead our way.

### **Today's Prayer:**

Dear God, help us so that we can fast and humble ourselves before you according to our abilities. Help us to be able to pray more and listen to your voice. In Jesus' name we pray, Amen.

# DAY 17

## PRAY FOR OTHERS

*Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. (James 5:16)*

Praying also is the most appropriate time to remember other people around us. Maybe they are our mom and dad, our brothers and sisters, our grandparents, or even our friends.

Just like us, they also have their needs, and our job is to pray for them as well. Pray for others when you're talking to the Father. Mention their names and their needs. God is pleased when we pray for others because it shows the love we have for them.

If you want, you can write down the names of a person that you want to pray for in a book, and then when they have received an answer to their prayers, you can cross out their names in the book and begin to pray for other names.

God Bless you in your prayer!

### **Today's Prayer:**

Father, today I want to pray for ... (mention their name and their needs). Please help them and give answers to their needs. Thank you God for your love and your goodness. In Jesus' name we pray, Amen.

# DAY 18

## INTERCESSORY PRAYER

*I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— (1 Timothy 2:1)*

Besides praying for the people closest to us, we can also pray for other people around us. We can pray for our teachers at school, Sunday school teachers, our churches, and even the Indonesian government. It is called intercession.

Do you believe that our prayers mean a lot to those people? Although we may not know the people we pray for, when we pray for them, God will do something beyond what we can think.

So when we pray, let's remember to pray for the others around us, because anything we do will not be in vain. God hears our prayers and will answer them. God will bless our church, our nation, and also the people around us just because of our prayers.

### **Today's Prayer:**

Dear Good Father, I pray for the leaders around me, for all the teachers at school, for the Sunday school teachers, for the pastors, and even for the Indonesian government. Bless them and lead them as they do their work. Let the people of Indonesia be blessed even more with what they do. Thank you very much God. In Jesus' name we pray, Amen.

# DAY 19

## WHEN DO WE PRAY?

*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. (1 Thessalonians 5:16-18)*

Is there any special time to pray? Is it better to pray in the morning, at noon, or at night? Where should we pray? Is it in our room, in a closed room, or in the prayer room?

Because prayer is our communication with the Father, then we can do it anytime and anywhere. We can do it in the morning, at noon, or at night. We can do it in our room, or anywhere. We can even do it in the street, or at school, or other places. So there is absolutely no limit to our prayers, we can do it anytime and anywhere.

The thing to remember is that we must pray always. We need to make prayer a habit, not an obligation. We should make prayer a chance to speak with the Father so that we do not feel tired to pray, but instead, have a bigger desire to pray.

### **Today's Prayer:**

God help me to want to pray always, wherever and whenever. I need you all the time and I can't live without you. Teach me to always be close to you. Thank you, Lord Jesus, in Your name we pray, Amen.

# DAY 20

## HISTORY MAKER

*He stood between the living and the dead, and the plague stopped. (Numbers 16:48)*

In the Bible there is the story of Korah, Dathan, and Abiram. They are the Israelites who lived in the time of Moses, and they were actually some of the leaders who had to help and support Moses. Unfortunately they chose to rebel against Moses, and God finally had to punish them.

Therefore God sent plagues over Israel, and it caused the Israelites to suffer and even die. At that time, Aaron, Moses' brother, prayed to God, asking for forgiveness for all Israel. He asked the Lord to stop the plague.

Aaron's action saved many people. This is what we call a History Maker. At that time Aaron did not do anything except come to God and ask for His mercy.

You could be a history maker like Aaron for your country as well. You do not need to do too many things, just pray before the Lord for your country, for the government, for the things that happen in your country, and for other things.

What you do is very beneficial for your country and many things can change when you pray.

### **Today's Prayer:**

Dear Good Father, today I pray for my country. I say a blessing over my country and I want to ask for your mercy for my country. I know you love my country, please forgive any mistakes we have done. Let your love manifest in my country. In Jesus' name, Amen.

# DAY 21

## THE CHARACTER OF THE INTERCESSORS

*Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. (Colossians 3:12)*

As we have learned, praying is a fun thing to do, because that is the time when we communicate with the Father and hear his voice. The other good thing when we pray is that God can change us. He can change our character, our attitude, even the bad things in our lives.

As human beings, it is very difficult for us to change, but with prayer nothing is impossible. When we pray, God can transform us to be intercessors who are filled with compassion, kindness, humility, meekness, and patience.

Today I also pray for all of you. I pray that you all can become outstanding intercessors even while you are young. And through you, many lives could be changed.

### **Today's Prayer:**

Dear Lord, Please change me and make me to be an intercessor that is pleasing to you. Please fill my heart with compassion, kindness, patience, humility, and gentleness. Only in the name of Jesus I pray, Amen.



# DAY 22

## PRAYING TOGETHER WITH FAMILY

*Now be pleased to bless the house of your servant, that it may continue forever in your sight; for you, Sovereign Lord, have spoken, and with your blessing the house of your servant will be blessed forever." (II Samuel 7:29)*

Today we learn not to pray alone but to pray with people around us, especially with our families. Praying with the family is known as the Family Altar.

When the family does the Family Altar regularly, there will be extraordinary things in their lives. Perhaps our family members were not initially close to each other, but when we pray together, God will unite our hearts and the Lord's blessings will flow amazingly for our families.

If your parents have never done this, then you could be the one who invites them to start doing it. Invite your dad, your mom, and your brothers to pray together every day. This activity can be done in the morning before you do all of the activities of the day or at night before you sleep. You do not need to spend a long time doing it; the most important thing is that all the family members pray together with one heart and one purpose.

Let's start practicing it and see how the Lord will help us and bless our families abundantly.

### **Today's Prayer:**

Father, I pray that my family can do Family Altar together. I pray for my mom, my dad and all my siblings. Let Your blessings be poured out for us so we can glorify your name. In Jesus' name I pray, Amen.

# DAY 23

## SERVANT HEARTS IN THE FAMILY

*Because anyone who serves Christ in this way is pleasing to God and receives human approval.  
(Romans 14:18)*

In this prayer and fasting we also will learn not only to pray for our families, but also to serve them. Because as Isaiah said, praying and fasting are not only indicated by hunger and thirst, but also to do good things for the people around us, especially for our families.

How can we serve our families? There are many ways that we can serve them. We can start with helping them by strengthening them through the words that we speak.

We can serve our families in ways that are most convenient, and most importantly, from our hearts. Do we serve them with a genuine heart or not. When we sincerely serve them, we are truly pleasing the Lord and glorifying His name. That's how fasting is done according to His will.

### **Today's Prayer:**

Dear Good Father, please help me to do this prayer and fasting to also serve my family. Help me to serve in a way that I can. Let me be pleasing to You with what I do. In Jesus' name I pray, Amen.

# DAY 24

## CORPORATE PRAYER

*"Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. (Matthew 18:19)*

Do you understand the meaning of corporate prayer? Corporate prayer means praying together, where there are some people who pray for the same thing and they all agreed to ask God for it.

The Word of God says, that when we agreed and ask God something then God will answer. That's the power of corporate prayer and we need to learn to do it.

Many people pray together, but they are not in unity with what they pray for. In corporate prayer, unity is necessary because that's the place where we find the miracle and the answer to our prayers.

We can do corporate prayer in the church or in our families. The first thing we need to do is to fix what we want to pray for, then we can pray together, or one person prays while the others agree with him.

**Today's Prayer (ask your family to pray together with you):**

Father, today we agreed to ask .... (specify petition prayer). We believe in the power of corporate prayer and today we believe we will soon receive Your answer. Thank you God, in the name of Jesus, Amen.

# DAY 25

## CREATING CORPORATE PRAYER

*A song of ascents. Of David. How good and pleasant it is when God's people live together in unity! It is like precious oil poured on the head, running down on the beard, running down on Aaron's beard, down on the collar of his robe. It is as if the dew of Hermon were falling on Mount Zion. For there the Lord bestows his blessing, even life forevermore. (Psalms 133:1-3)*

Praying alone is our personal time with God. But when we pray together in corporate prayer, we learn to bear one another's burdens, to pray for each other, and we learn to pray diligently until God answers.

To start a prayer group or corporate prayer is basically simple. The first few things we must have are heart, motivation and a correct purpose. Then we need a comfortable place where we can pray without much interference. We don't need to pray for a long time, the most important thing is that the prayers are raised with all our hearts and effectively.

Let us learn to build a corporate prayer life with pleasure, simplicity, open heart and continual thanksgiving to God. We should submit our corporate prayer to God and never forget to surrender completely to the Lord and to the Holy Spirit.

### **Today's Prayer:**

Our Father in Heaven, teach us to have unity in prayer. Teach us to strengthen one another and to support one another. May we glorify Your Name and may we always please you with what we do. In Jesus' name I pray, Amen.

# DAY 26

## PRAY FOR CHURCH LEADERS

*Have confidence in your leaders and submit to their authority, because they keep watch over you as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you. (Hebrews 13:17)*

Church leaders are often called pastors. The Pastor or priest is a man chosen by God to lead and shepherd His people including us all. They have a great responsibility to do what they need to do. Therefore they also need our prayers.

Today we will learn to pray for our pastors. If you do not know your pastors, then ask your mom and dad, and then pray for them. Pray that God would always be with them, to help them, to give them the wisdom to lead this church.

Your prayers are very valuable to them and their power is in our prayers for them.

### **Today' Prayer:**

Thank you God for Pastor ... and their families whom You have placed in this church. Bless them, protect them, and give them Your wisdom. Help them when they need to carry out their duties. In Jesus' name we pray, Amen.

# DAY 27

## PRAY IN PUBLIC

*What then shall we say, brothers and sisters? When you come together, each of you has a hymn, or a word of instruction, a revelation, a tongue or an interpretation. Everything must be done so that the church may be built up. (1 Corinthians 14:26)*

When we pray, we will learn to pray, to trust, and to hope with greater confidence. -Andrew Murray-

Often we feel afraid or embarrassed if we are asked to pray in public, like at the school, or in other places. But today I want to invite you all to always be ready when you are asked to pray in public.

Praying in public must be done with courage and trust. The key is to ask for help from the Holy Spirit to make us bold and ask for His wisdom as to what we should say. Only through the Holy Spirit, are we able to pray according to His will.

On the other hand you also do not need to be embarrassed when you are asked to pray in public. God fully understands what you need to pray for, and you don't need to use high-level language that is too difficult for you in prayer. Pour out your hearts and believe that God will answer your prayers.

### **Today's Prayer:**

Father, help me to be brave when I am asked to pray in public. Give me wisdom and words so that I can speak fluently and in accordance with your will. And I believe, Lord, you will answer my prayers. In Jesus' name, Amen.

# DAY 28

## PRAY IN SCHOOL

*Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.  
(Colossians 3:23)*

What do we do when we arrived at school? Maybe some of you like to play, maybe relax before the teacher comes, or buy snacks. Maybe some like to study for a test, or even borrow your friend's homework (this last one is actually something you shouldn't do though...).

But we want to learn to do a very important thing before we do anything else at school. Praying to God. We must learn to rely on God in everything. Asking for His wisdom and His protection to come upon us throughout the day, then we can hand over all things we would do into His hands.

When we start everything with prayer, then we're opening the doors of blessing and mercy of the Lord to pour upon us. In that place we can also do our best and obtain the best result.

### **Today's Prayer:**

Lord, I pray for my school today. Please help me so that I can concentrate on my studies today. Give me your wisdom. Protect me in all that I do. Thank you God, in Jesus' name, Amen.

# DAY 29

## PRAY FOR COMMUNITY

*Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper." (Jeremiah 29:7)*

Martin Luther King, Jr. is a well-known human rights activist who changed American society and history from 1950 to 1960. Martin Luther dedicated his life to spreading equal treatment for all races by using a special way in his movement without violence. Martin Luther organized a large-scale march to fight for equal rights in Washington, DC in 1963. It was to process the racial discrimination in the work place, at school, and demanding minimum wages for all workers. The result of his peaceful demonstration and his "I Have a Dream" speech, made the congressman approve the law of human rights, and it was soon implemented on a national scale.

Just like Martin Luther, we too could do something for the nation, state, and city where we live now. No need to do a demo or other great things, its just enough with prayer for the nation and our city. When we pray, we bring the nation and this city before God and God will bless it. Change after change will happen when we pray for the nation and our city.

### **Today's Prayer:**

Father, I pray for this nation and my city. I pray that your blessings and forgiveness will flow for us all. I pray that this nation and this city can be more advanced, to be a better place, and a growing nation. Thank you God, in the name of Jesus, Amen.



# DAY 30

## PRAY FOR SAFETY

*Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save the lost." (Luke 19:9-10)*

Is there anyone around you who does not know the Lord Jesus in his or her lives yet? They may be your friends at school, your nurse, your maid, your driver, or maybe even your family member.

Today I'd like to ask you to pray for them. When we pray for them, God will open the way for them to know God, especially if we are also fasting for them. After that we can learn to share our testimony to them. We should tell them about the goodness of God and how God helps our lives. Through prayer, fasting, and our testimony, they will be saved and receive eternal life like us.

Do not forget to continue to pray for this every day, okay?

### **Today's Prayer:**

Dear God I pray for .... (specify their names). Opened the way so that they can know You as their Lord and savior, give me courage to testify about you to them so they will also be saved. Thank you God for the answerd pryayer that I received. In Jesus' name, Amen.

# DAY 31

## PRAYER THAT CHANGES A NATION

*Save your people and bless your inheritance; be their shepherd and carry them forever.  
(Psalms 28:9)*

Esther was an orphan from the tribe of Benjamin; A young girl who changed history and the lives of the Jewish people in the period of King Ahasuerus reign. The story of Esther is a remarkable example of how intercession can change the history of a nation. Mordecai and Esther were included in the evil plan of Haman, to kill all the Jews for his own benefit. When Mordecai and Esther were facing a big problem, Esther took the initiative to start fasting and praying for three days for the people. The result was that God intervened and gave the victory to the Jewish people.

Esthers was not only praying, but she was also willing to be the answer to her prayer as well. She was willing to risk her life to see the king, uninvited by the King, which could have caused any punishment, even death. Prayer and action filled with faith and courage changed the nation's history.

The king was pleased by Esther and asked if there was anything he could do for her. The king asked her heart's desire many times because he was pleased with Esther. What do we want for our country? Let us ask the Lord to transform our nation's people to be His people; A Nation that loves the Lord and lives in truth.

### **Today's Prayer:**

Dear Good Father, make me an Indonesian Esther, a person who wants to pray for the nation and transform the people of this nation into your people. I pray for the recovery, prosperity, and peace for the nation. In Jesus' name, Amen.

# DAY 32

## PRAYER FOR THE GOVERNMENT

*Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. (Romans 13:1)*

At the time when Peter was still alive, the emperor who ruled the region where he lived was a very cruel man named Nero (54-68 AD). He was famous for the death penalty, which he gave even to his own mother. There was a big possibility that he poisoned his half-brother Britannicus, who was the heir to the throne. In 64 AD, he started a great fire in Rome, which killed thousands, and blamed the Christians for the fire. Nero captured the Christians and then did a lot of nasty things to them.

With this background, Peter still learned to respect the leaders and not rebel against them. One of the ways is to pray for them, not criticize and humiliate them when we are not satisfied with them.

Our president, vice presidents, ministers, parliaments, representatives of the people, need God's wisdom and a God-fearing heart in governing this nation. Without His wisdom and direction, this country will be in chaos. So, it is the time for us to make a difference by praying for them without ceasing.

### **Today's Prayer:**

Dear Lord, today I pray for the government in this country again. May God be with them and lead them so that this nation will be able to walk in a much better direction. In Jesus' name we pray, Amen.

# DAY 33

## JESUS IS THE SOURCE OF LOVE

*Whoever does not love does not know God, because God is love. (1 John 4:8)*

Jesus loves me this I know, for the Bible tells me so, little ones to Him belong, they are weak but He is strong.

We often sing that song. But do you know why Jesus loves you? Do you know what He wants us to do to others around us?

God loves us because He is indeed the source of love. God's faithfulness is real in our lives. For example, until today we still breathe. We are surrounded by all those who love us, and our needs are met. It all comes from the love of God.

He fills us with His love and He wants us to love other people around us. If we have received the love of Christ, we will be able to love others because when our hearts are filled with His love, just like the flow of water, the love will flow out and reach to the people around us.

So the most important thing is that our hearts be filled with the love of Christ, and from there we will definitely be able to love others.

### **Today's Prayer:**

Father, fill me with your love. Make your love flow through my life and reach people around me so that they too can feel your love in their lives. Make me a channel of Your love, Father. In Jesus' name, Amen.

# DAY 34

## FORGIVENESS

*Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:32)*

Saul hated David, and always did bad things to him. Once David had a perfect opportunity to take revenge on Saul, but David let Saul live.

It makes sense to repay evil with evil, but David chose to return good for evil. This is not because David was trying to be holy and good, but David did not want to take God's place. David understood that only God has the right to take revenge, his part was simply to forgive.

Perhaps we have gone through a period of time where we were hurt or sad. With all the injustices we face, will we be able to forgive, or will we choose to hate and repay evil with evil?

God teaches us to love our enemies, to pray and bless them. To love, pray and bless those who hurt us may feel very heavy, but nothing is difficult for us when we have God's help and strength to do His will.

### **Today's Prayer:**

Our Good Father, help me to be able to forgive those who have made me sad or angry. Help me to be able to pray and bless them. Help me to please you. In Jesus' name, Amen.

# DAY 35

## LOVE WITH ACTION

*Be completely humble and gentle; be patient, bearing with one another in love. (Ephesians 4:2)*

When a child is given a very nice, big toy from his father, it is a proof of his love for the child. Or just as a mother gives love by preparing clothes for her children to wear and food for them to eat, or through hugs and kisses given. These are proof of the love of a mother for her child.

Then how can you prove your love for others? Love must be seen through actions. For example by helping mom to clean the house, or prepare your own school equipment without having someone else prepared it for you. Also, doing anything that pleases other people.

Let us learn to show our love through our actions so that others can feel our love for them.

### **Today's Prayer:**

Father, teach me to show love through actions. Help me to be able to love everyone and help them. Thank you for your love and goodness, in the name of Jesus we pray, Amen.

# DAY 36

## RESOLVING CONFLICTS

*Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs (Ephesians 4:29a)*

Before his conversion, Paul liked to torture and imprison Christians, so many Christians were afraid of Paul.

When Paul had repented and truly believed in God and served God earnestly, many Christians did not believe in his change and they were still afraid that Paul would kill them. But Paul did not hate them. And with Barnabas' help, Paul was accepted by the believers (Acts 9).

Each of us has had problems with other people. When we fight with someone else, we do not need to hate him or her. We must find a way out so that our problem can be solved in a good way. That is how to resolve conflicts in accordance with the will of the Father.

### **Today's Prayer:**

Dear Lord, help me to be able to solve all my problems well. Give me patience and love so that I do not become angry or hate those who have a problem with me. Let your love fill me. In Jesus' name, Amen.

# DAY 37

## SERVING HEARTS

*For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. (Mark 10:45)*

What do you think is the meaning of 'serving Heart'?

Serving is not just being active in church, or your willingness to sacrifice for doing social work. Serving is about all the things we do genuinely for others.

If we are active in an activity so that all our wishes and ideas are being met, then that is not being a servant, but being the boss. If we are willing to sacrifice our time, energy, and even material to help poor people so that we became popular and receive glory, then that is not being a servant either, because there is no sincerity there. Serving is not only about what we do, but also about the motivation when we do it, and that is called a heart to serve.

Then what kind of attitude do we need to have? We need to have a selfless attitude, that is, if we are being appreciated or not, liked or not, praised or not, we will still do all our part well. That is exactly the place where we will please God and make him proud of us.

### **Today's Prayer:**

Dear Good Father, help me to have a heart to serve. A loving heart and willingness to do things that is good for others. Teach me to be more like you, and fill me with your love. In Jesus' name, Amen.



# DAY 38

## TRUSTWORTHY

*So I strive always to keep my conscience clear before God and man. (Acts 24:16)*

Do you remember the Bible character named Joseph? King Pharaoh, the king of Egypt trusted Joseph.

Joseph became someone who was trusted of King Pharaoh because he was smart, wise and trustworthy. He had been trained to be trusted and everything started from the moment he was dumped by his brothers. He worked in the house of Potiphar as a house guard, but then he got put into prison.

There are no children of God who are fools, including all of us, so each of us can be trusted by others. Let us train ourselves in every way to be trusted by others, and believe that one day we will be outstanding people wherever we are.

### **Today's Prayer:**

Dear Lord, thank you for the wisdom and intelligence that you give me. Let me be someone who can be trusted in all things, so that in time, when I grow up, I will be a great leader wherever I am. In Jesus' name, Amen.

# DAY 39

## INITIATIVE, SINCERITY, AND FAITHFULNESS

*Because of the service by which you have proved yourselves, others will praise God for the obedience that accompanies your confession of the gospel of Christ, and for your generosity in sharing with them and with everyone else. (2 Corinthians 9:13)*

Who likes to help others? For example: helping your mom clean the house, or helping teachers in schools to bring or to prepare anything needed for the class, or even helping friends. What do you feel when you help someone? Certainly glad, right?

In helping others, we need three things: initiative, sincerity, and faithfulness. The initiative is the willingness to help without being asked, sincerity is when we do not expect anything back for what we have done, and faithfulness is a willingness to do it continuously.

Today let us learn to have these three: initiative, sincerity, and faithfulness. From there we will be able to help others, and it will create joy in our hearts.

### **Today's Prayer:**

Thank you God for all the blessings you have given in my life. Today let me learn to be a child who is full of initiative, sincerity, and loyalty so that I can help others and be a blessing wherever I am. In Jesus' name, Amen.

# DAY 40

## REACHING OUT PRAYER

*Those who had been scattered preached the word wherever they went. (Acts 8:4)*

There is a story in the Bible about the Samaritan woman who met Jesus when she wanted to draw water from the well. The Samaritan woman was a woman who lived in sin and the Lord Jesus changed her life. Because she was so happy with what had happened to her, she told the story to everyone she met in her hometown, those who heard her also came to believe in Jesus (John 4).

Just like the Samaritan woman, we also used to be sinners but Jesus redeemed us and gave us victory. This should make us rejoice, shouldn't it? And if we receive something very good that makes us happy, we want others to know about it too.

On this last day of the 40 days of prayer and fasting, let us commit to continue to pray and preach the good news to the people around us. When we pray and testify, many people will come to believe and love God too.

### **Today's Prayer:**

Dear Father, thank you for making me strong in following these 40 days of prayer and fasting. From now on help me to diligently pray and testify of your love, so that more people can know You through me. Thank you God, in the name of Jesus, Amen.





**IFGF**

